

YTT 2023-2024 YEAR AT A GLANCE

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

March 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2024

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

DATE	EVENT	TIME
9/9	ORIENTATION	10:30 AM - 12:30 PM
10/13	M1 LEARNSHOP	5:30 PM - 9:00 PM
10/14	M1 LEARNSHOP	10:00 AM - 4:00 PM
11/10	M2 LEARNSHOP	5:30 PM - 9:00 PM
11/11	M2 LEARNSHOP	10:00 AM - 4:00 PM
12/8	M3 LEARNSHOP	5:30 PM - 9:00 PM
12/9	M3 LEARNSHOP	10:00 AM - 4:00 PM
1/12	M4 LEARNSHOP	5:30 PM - 9:00 PM
1/13	M4 LEARNSHOP	10:00 AM - 4:00 PM
1/20	M4 LEARNSHOP	10:00 AM - 1:00 PM
2/9	M5 LEARNSHOP	5:30 PM - 9:00 PM
2/10	M5 LEARNSHOP	10:00 AM - 4:00 PM
2/17	M5 LEARNSHOP	10:00 AM - 1:00 PM
3/8	M6 LEARNSHOP	5:30 PM - 9:00 PM
3/9	M6 LEARNSHOP	10:00 AM - 4:00 PM
3/16	M6 LEARNSHOP	10:00 AM - 1:00 PM
4/12	M7 LEARNSHOP	5:30 PM - 9:00 PM
4/13	M7 LEARNSHOP	10:00 AM - 4:00 PM
4/20	M7 LEARNSHOP	10:00 AM - 1:00 PM
5/10	M8 LEARNSHOP	5:30 PM - 9:00 PM
5/11	M8 LEARNSHOP	10:00 AM - 4:00 PM
5/19	POOL PARTY	3:00 PM - 8:00 PM
★	LEADER MEETING	6:00 PM - 7:30 PM
MON	MENTOR GROUP 1	10:00 AM - 11:30 AM
MON	MENTOR GROUP 2	6:00 PM - 7:30 PM
TUES	MENTOR GROUP 3	6:00 PM - 7:30 PM

LEARNSHOP BLOCKS

TIME		FRIDAY	SATURDAY	SATURDAY
7 am	00			
	30		set-up	set-up
8 am	00		ashtanga vinyasa flow	ashtanga vinyasa flow
	30			
9 am	00		meditation	meditation
	30			
10 am	00		block 1	block 1
	30			
11 am	00		block 2	block 2
	30			
12 pm	00		lunch	block 2
	30			
1 pm	00		block 3	connect
	30			clean-up
2 pm	00			
	30			
3 pm	00		block 4	
	30			
4 pm	00		connect	
	30		clean-up	
5 pm	00	set-up		
	30	dinner		
6 pm	00	block 1		
	30			
7 pm	00	block 2		
	30			
8 pm	00	block 3		
	30			
9 pm	00	connect		
	30	clean-up		